



Wilderness Route day 6 Vortungen - Aremarksjøen

Category: Cycle trip

Length: 71 km

Degree of difficulty: Moderate to lightly demanding

Region/area: Aurskog-Høland / Marker, Viken



Route description

This is a reasonably long, undulating and attractive stage through small settlements and open cultural landscape. There are good views of the lakes in the northern stretches of the Halden Canal, and particularly along Rødenessjøen lake. Most of the stage is on roads with very little traffic, especially the stretch between Rømsjøen and Rødenessjøen (lakes).

There are various things to see and do in Ørje, including a pizzeria, baker's, sports shop and Canal Museum with the history of the canal and various veteran boats on display.

25 kilometres further south, the little settlement, Strømfoss, (a 1-km detour from the Wilderness Trail) is well worth a visit. Here you can see the locks and learn about their history, visit the interior design store or have something to eat at the café, Møllerens Hus.

Cyclists will also greatly appreciate the six-kilometre descent from Kislebergmosen to Rødenessjøen.

Challenge rating

No great challenges but the route undulates a good deal along Rømsjøen lake and southwards towards Kislebergsmosen, a stretch of around 20 km. The stage features 700 metres of ascent in total.

Link to map of entire Wilderness Route: <https://ridewithgps.com/routes/33999398>

Gpx-file Wilderness Route: https://ridewithgps.com/routes/33999398.gpx?sub_format=track

Time: Approx. 5 hours

Road surface: Asphalt

Recommended equipment:

Hybrid cycle **Motorised traffic:** Varies, usually very little, slightly more in the southern section of the stage

Start and finish:

Vortungen/Aremarksjøen

Signage: Yes, as National Cycle Route no.9

Accommodation, places to eat, attractions

Rømskog Spa

Tel. +47 69002580

www.romskogspa.no

Kirkeng camping

Tel. +47 90194244

www.kirkengcamping.no

Møllerens hus, Strømfoss

Tel. +47 69198116

www.mollerenshus.no

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Elevation profile



Map image

