



Wilderness Route day 7 Aremarksjøen - Halden

Category: Cycle trip

Length: 30 km

Degree of difficulty: Easy

Region/area: Aremark/Halden, Viken



Route description

A short stage through forests and cultural landscape; one of the easiest stages of the Wilderness Route. The route passes a number of areas suitable for picnicking and places to bathe. At Fosby in Aremark, there are benches, a food shop and café. A 2.5-km detour from Krusetertjern leads to Brekke Locks which, with a lifting height of 27 metres, makes it Northern Europe's highest lock flight.

From Tistedal towards the town centre, leave the Fv.21 and follow residential roads for about 2.5 km before coming to the pathways over and through Fredriksten Fort. There are many paths and places of interest around the fort and excellent views over the town of Halden.

There is a cycle shop and various accommodation/eating options in Halden.

If you want a somewhat longer stage, you can choose to cycle round the east side of Lake Aspern at Fosby.

Challenge rating

There are no great challenges to this stage but the route runs in mixed traffic with an 80 kph speed limit from Trollnestjern to Tistedal at a rate of over two thousand cars a day at certain periods. The stage is most suitable for experienced adult cyclists.

Link to map of entire Wilderness Route: <https://ridewithgps.com/routes/33999398>

Gpx-file Wilderness Route: https://ridewithgps.com/routes/33999398.gpx?sub_format=track

Time: Approx. 2 hours

Road surface: Asphalt

Recommended equipment: Hybrid cycle **Motorised traffic:** Varies; generally little, although more traffic the last 10 km in towards Tistedalen

Start and finish:

Aremarksjøen/Halden **Signage:**

Yes, as National Cycle Route no.9

Accommodation, places to eat, attractions

Kirkeng camping

Tel. +47 90194244

www.kirkengcamping.no

Fredriksten Hotel

Tel. +47 69021010

www.fredrikstenhotell.no

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Elevation profile



Map image

