



Wilderness Route day 5 Magnor - Vortungen

Category: Cycle trip

Length: 64 km

Degree of difficulty: Moderate

Region/area: Eidskog, Innlandet, Aurskog-Høland, Viken



Route description

A stage largely characterised by forest with a few small hamlets. From Magnor, the first five kilometres is ridden along a safe cycle path along the Fv.202. Free of traffic on the gravel road for the last few kilometres down to Harstadsjøen, where there are fine areas for picnicking on the west side of the lake.

There is little traffic from Gåsvika to Rømsjøen.

There are food shops in Magnor, Skotterud, Setskog and Tørnby, just north of Rømsjøen. A detour of around 3 kilometres from Rømsjøen takes you to the Rømskog Spa hotel.

Challenge rating

On the west side of Stangnessjøen (lake), along 'Vekterveien', route 9 follows a gravel track that is little more than a broad path in places. The gravel surface for the last few kilometres before Harstadsjøen is a little loose. The climbs from Harstadsjøen to Gulltjenn add up to almost 100 metres in three kilometres; a similar climb is to be found from Rømsjøen, up Vortungsveien, towards Vortungen and Rømskog Spa.

One notices the traffic from Harstadsjøen to Lake Setten, which includes some HGVs, including logging trucks. The road has many bends with reduced visibility in places. The stage is suitable for experienced adult cyclists only.

Link to map of entire Wilderness Route: <https://ridewithgps.com/routes/33999398>

Gpx-file Wilderness Route: https://ridewithgps.com/routes/33999398.gpx?sub_format=track

Time: Approx. 4 hours

Road surface: Mostly asphalt

Recommended equipment:

Hybrid cycle **Motorised**

traffic: Generally very little

Start and finish:

Magnor/Vortungen **Signage:** Yes, as National Cycle Route no.9

Accommodation, places to eat, attractions

Hotell Magnor bad

Tel. +47 911 96 256

www.magnorbad.no

Rømskog Spa

Tel. +47 69002580

www.romskogspa.no

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Elevation profile



Map image

